



AGENDA ITEM NO. 10

**HORFIELD AND LOCKLEAZE
NEIGHBOURHOOD PARTNERSHIP**

Thursday 17th September 2015

Report of: Alex Wood – Health Improvement Practitioner

Title: Lockleaze Health and Well-being Needs Assessments

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Recommendation:

- To agree and support the priorities set out in the report

Context

Health and Well-being Needs Assessments are conducted so that commissioners can make plans for healthcare and other services. For the whole document with supporting evidence see <http://www.bristol.gov.uk/page/council-and-democracy/horfield-and-lockleaze-neighbourhood-partnership> 'Related documents'. Please feel free to contact me with any questions.

The report prioritised 7 key topics; these need effective multi-agency and multi-disciplinary working:

- **Community Development** Recommendation: to carry out conversations with local residents using ABCD methodology to uncover what their priorities are, feeding this learning into the work of local organisations. To develop a method of linking up local residents to existing initiatives and support to build on local skills and assets.
- **High rate of emergency admissions due of injury under 5s** Recommendation: Support and training for the Early Years workforce is key. Link to national campaigns though working with the local children's centre to educate and empower parents to the dangers around the home. Make safety resources and relationships accessible to local families.
- **Childhood Obesity** Recommendation: Promote breastfeeding initiation and continuation, to protect against infections and obesity. Work with the local children's centre to ensure staff are aware of what 'healthy eating' for children and adults means. Create opportunities to learn to cook healthy food from scratch.
- **Mental health** Recommendation: create opportunities for mental health resilience training with young people. Develop mental health resilience, and support for people in employment or getting into employment.
- **Strokes** Recommendation: Work with the Horfield Health Centre to jointly run targeted Stroke awareness campaigns and identify people at risk through Health Checks. Training for stroke awareness for workers who work with over 50s.
- **Cancer** Recommendation: To increase the number of opportunities smokers have to 'quit' in Lockleaze through working with pharmacies, Work with Horfield Health Centre and Smokefree Bristol Team to increase group sessions, one-to-one sessions and increase targeted local campaigns.
- **Community Cohesion** Recommendation: Create opportunities for integrating cultures, ages and genders but equally important that individual cultures and communities gain recognition and respect. Provide support and activities that are specific to individual groups, to build recognition and respect for individual communities, by working with the public and key partners; Bristol City Council, Stoke Park Schools, United Communities, North Bristol Advice Centre, and Lockleaze Neighbourhood Trust. Deliver activities that integrate colour, creed, age, race and gender, by working with and providing a link between different community groups across the city.